

**1970: AFC****East**

	O	D	X	P
Baltimore Colts	14	7	8	2
Miami Dolphins	13	8	7	1
New York Jets	9	11	3	-1
Buffalo Bills	6	17	2	-2
Boston Patriots	4	24	1	-4

**Central**

	O	D	X	P
Cincinnati Bengals	12	8	6	1
Cleveland Browns	11	9	5	0
Pittsburgh Steelers	8	13	4	-1
Houston Oilers	6	16	2	-2

**West**

	O	D	X	P
Oakland Raiders	10	10	6	0
Kansas City Chiefs	11	9	5	1
San Diego Chargers	10	10	4	0
Denver Broncos	10	10	4	0

**1970: NFC****East**

	O	D	X	P
Dallas Cowboys	14	7	7	1
New York Giants	11	9	6	1
St. Louis Cardinals	14	7	6	2
Washington Redskins	9	11	4	0
Philadelphia Eagles	7	14	2	-2

**Central**

	O	D	X	P
Minnesota Vikings	23	4	9	3
Detroit Lions	17	6	7	3
Green Bay Packers	7	15	4	-2
Chicago Bears	10	10	4	0

**West**

	O	D	X	P
San Francisco 49ers	13	8	7	2
Los Angeles Rams	16	6	6	2
Atlanta Falcons	8	13	3	-1
New Orleans Saints	5	20	1	-3

**1971: AFC****East**

	O	D	X	P
Miami Dolphins	18	6	7	3
Baltimore Colts	22	4	7	3
New England Patriots	7	14	4	-2
New York Jets	7	14	4	-2
Buffalo Bills	5	21	1	-4

**Central**

	O	D	X	P
Cleveland Browns	10	10	6	0
Pittsburgh Steelers	8	12	4	-1
Houston Oilers	8	13	3	-1
Cincinnati Bengals	11	9	3	0

**West**

	O	D	X	P
Kansas City Chiefs	15	7	7	2
Oakland Raiders	12	8	6	1
San Diego Chargers	9	11	4	-1
Denver Broncos	7	14	3	-1

**1971: NFC****East**

	O	D	X	P
Dallas Cowboys	18	5	8	3
Washington Redskins	15	7	6	2
Philadelphia Eagles	7	14	4	-1
St. Louis Cardinals	8	12	3	-1
New York Giants	6	16	3	-2

**Central**

	O	D	X	P
Minnesota Vikings	18	6	8	2
Detroit Lions	12	8	5	1
Chicago Bears	7	15	4	-2
Green Bay Packers	9	11	3	0

**West**

	O	D	X	P
San Francisco 49ers	14	7	6	2
Los Angeles Rams	12	8	6	1
Atlanta Falcons	10	10	5	0
New Orleans Saints	8	13	3	-1

**1972: AFC****East**

	O	D	X	P
Miami Dolphins	23	4	10	4
New York Jets	11	9	5	1
Baltimore Colts	9	11	4	0
Buffalo Bills	7	15	3	-2
New England Patriots	4	23	2	-5

**Central**

	O	D	X	P
Pittsburgh Steelers	20	5	8	3
Cleveland Browns	11	9	7	0
Cincinnati Bengals	13	8	6	1
Houston Oilers	4	23	1	-4

**West**

	O	D	X	P
Oakland Raiders	15	7	7	2
Kansas City Chiefs	11	9	6	1
Denver Broncos	9	11	4	0
San Diego Chargers	8	13	3	-1

**1972: NFC****East**

	O	D	X	P
Washington Redskins	15	6	8	2
Dallas Cowboys	13	8	7	1
New York Giants	13	7	6	2
St. Louis Cardinals	6	16	3	-2
Philadelphia Eagles	4	24	1	-4

**Central**

	O	D	X	P
Green Bay Packers	13	7	7	1
Detroit Lions	12	9	6	1
Minnesota Vikings	12	8	5	1
Chicago Bears	8	12	3	-1

**West**

	O	D	X	P
San Francisco 49ers	14	7	6	2
Atlanta Falcons	10	10	5	0
Los Angeles Rams	10	10	4	0
New Orleans Saints	6	17	1	-3

**1973: AFC****East**

	O	D	X	P
Miami Dolphins	23	4	9	3
Buffalo Bills	11	9	6	1
New England Patriots	9	12	4	-1
Baltimore Colts	7	15	3	-2
New York Jets	8	13	3	-1

**Central**

	O	D	X	P
Cincinnati Bengals	12	8	7	1
Pittsburgh Steelers	17	6	7	2
Cleveland Browns	9	11	5	0
Houston Oilers	4	22	1	-4

**West**

	O	D	X	P
Oakland Raiders	17	6	6	2
Kansas City Chiefs	12	8	5	1
Denver Broncos	12	8	5	1
San Diego Chargers	5	21	1	-4

**1973: NFC****East**

	O	D	X	P
Dallas Cowboys	19	5	7	3
Washington Redskins	16	6	7	2
Philadelphia Eagles	8	13	4	-1
St. Louis Cardinals	8	13	3	-1
New York Giants	6	16	1	-2

**Central**

	O	D	X	P
Minnesota Vikings	18	6	9	2
Detroit Lions	11	9	4	0
Green Bay Packers	8	13	4	-1
Chicago Bears	6	17	2	-2

**West**

	O	D	X	P
Los Angeles Rams	22	5	9	4
Atlanta Falcons	14	7	6	2
San Francisco 49ers	8	12	4	-1
New Orleans Saints	5	19	4	-3

**1974: AFC****East**

	O	D	X	P
Miami Dolphins	15	7	8	2
Buffalo Bills	11	9	6	0
New York Jets	9	11	5	0
New England Patriots	12	8	5	1
Baltimore Colts	6	17	1	-2

**Central**

	O	D	X	P
Pittsburgh Steelers	16	6	7	2
Houston Oilers	8	12	5	-1
Cincinnati Bengals	11	9	5	0
Cleveland Browns	7	14	3	-2

**West**

	O	D	X	P
Oakland Raiders	16	6	9	2
Denver Broncos	10	10	5	0
San Diego Chargers	7	13	4	-1
Kansas City Chiefs	8	13	4	-1

**1974: NFC****East**

	O	D	X	P
St. Louis Cardinals	13	8	7	1
Washington Redskins	16	6	7	2
Dallas Cowboys	13	8	6	1
Philadelphia Eagles	11	9	5	0
New York Giants	7	15	1	-2

**Central**

	O	D	X	P
Minnesota Vikings	16	6	7	2
Detroit Lions	9	11	5	0
Green Bay Packers	10	10	4	0
Chicago Bears	5	18	3	-2

**West**

	O	D	X	P
Los Angeles Rams	15	7	7	1
San Francisco 49ers	10	10	4	0
New Orleans Saints	6	16	4	-2
Atlanta Falcons	4	24	2	-3

**1975: AFC****East**

	O	D	X	P
Baltimore Colts	15	7	7	2
Miami Dolphins	16	6	7	2
Buffalo Bills	12	8	6	1
New York Jets	6	17	2	-3
New England Patriots	7	14	2	-2

**Central**

	O	D	X	P
Pittsburgh Steelers	23	4	9	4
Cincinnati Bengals	14	7	8	2
Houston Oilers	13	8	7	1
Cleveland Browns	6	17	2	-3

**West**

	O	D	X	P
Oakland Raiders	15	7	8	2
Denver Broncos	8	12	4	-1
Kansas City Chiefs	8	12	4	-1
San Diego Chargers	5	18	1	-3

**1975: NFC****East**

	O	D	X	P
St. Louis Cardinals	13	8	8	1
Dallas Cowboys	13	8	7	1
Washington Redskins	12	8	6	1
New York Giants	7	14	4	-2
Philadelphia Eagles	7	13	3	-1

**Central**

	O	D	X	P
Minnesota Vikings	21	5	9	4
Detroit Lions	9	11	5	0
Green Bay Packers	8	13	3	-1
Chicago Bears	5	20	3	-3

**West**

	O	D	X	P
Los Angeles Rams	23	4	9	3
San Francisco 49ers	9	11	4	-1
Atlanta Falcons	8	12	3	-1
New Orleans Saints	5	22	1	-3

**1976: AFC****East**

	O	D	X	P
Baltimore Colts	17	6	8	3
New England Patriots	16	6	8	3
Miami Dolphins	10	10	4	0
New York Jets	4	23	2	-4
Buffalo Bills	7	15	1	-2

**Central**

	O	D	X	P
Cincinnati Bengals	16	6	7	2
Pittsburgh Steelers	25	4	7	4
Cleveland Browns	9	11	6	0
Houston Oilers	8	12	4	-1

**West**

	O	D	X	P
Oakland Raiders	15	7	9	2
Denver Broncos	15	7	6	2
San Diego Chargers	9	11	4	-1
Kansas City Chiefs	8	13	4	-2
Tampa Bay Buccaneers	3	33	0	-5

**1976: NFC****East**

	O	D	X	P
Dallas Cowboys	15	7	8	2
Washington Redskins	13	7	7	1
St. Louis Cardinals	12	9	7	1
Philadelphia Eagles	6	17	3	-2
New York Giants	7	15	2	-1

**Central**

	O	D	X	P
Minnesota Vikings	17	6	8	2
Chicago Bears	12	9	5	1
Detroit Lions	12	8	4	1
Green Bay Packers	7	14	4	-1

**West**

	O	D	X	P
Los Angeles Rams	18	5	7	3
San Francisco 49ers	14	7	6	1
Atlanta Falcons	6	18	3	-3
New Orleans Saints	7	14	3	-2
Seattle Seahawks	5	19	1	-4

**1977: AFC****East**

	O	D	X	P
Miami Dolphins	16	6	7	2
Baltimore Colts	13	7	7	1
New England Patriots	13	8	6	1
New York Jets	6	16	2	-2
Buffalo Bills	5	20	2	-3

**Central**

	O	D	X	P
Pittsburgh Steelers	12	9	6	1
Cincinnati Bengals	10	10	6	0
Houston Oilers	13	8	6	1
Cleveland Browns	10	10	4	0

**West**

	O	D	X	P
Denver Broncos	19	5	9	2
Oakland Raiders	15	7	8	2
San Diego Chargers	11	9	5	0
Seattle Seahawks	8	13	4	-2
Kansas City Chiefs	6	16	1	-2

**1977: NFC****East**

	O	D	X	P
Dallas Cowboys	16	6	9	2
Washington Redskins	10	10	6	0
St. Louis Cardinals	9	11	5	0
Philadelphia Eagles	11	9	4	0
New York Giants	7	15	4	-2

**Central**

	O	D	X	P
Minnesota Vikings	10	10	6	0
Chicago Bears	10	10	6	0
Detroit Lions	7	14	4	-1
Green Bay Packers	6	16	3	-2
Tampa Bay Buccaneers	5	22	1	-2

**West**

	O	D	X	P
Los Angeles Rams	21	5	7	3
Atlanta Falcons	14	7	5	1
San Francisco 49ers	8	12	4	-1
New Orleans Saints	7	14	2	-2



**1978: AFC****East**

	O	D	X	P
Miami Dolphins	15	7	7	2
New England Patriots	13	8	7	1
New York Jets	10	10	5	0
Buffalo Bills	9	12	3	-1
Baltimore Colts	6	18	3	-3

**Central**

	O	D	X	P
Pittsburgh Steelers	18	5	9	3
Houston Oilers	9	11	6	0
Cleveland Browns	9	11	5	0
Cincinnati Bengals	9	11	3	-1

**West**

	O	D	X	P
Denver Broncos	14	7	6	1
San Diego Chargers	11	9	6	1
Seattle Seahawks	10	10	6	0
Oakland Raiders	11	9	6	0
Kansas City Chiefs	7	13	3	-1

**1978: NFC****East**

	O	D	X	P
Dallas Cowboys	18	5	8	3
Philadelphia Eagles	11	9	6	0
Washington Redskins	10	10	5	0
St. Louis Cardinals	8	12	4	-1
New York Giants	9	11	4	-1

**Central**

	O	D	X	P
Green Bay Packers	9	11	5	0
Minnesota Vikings	10	10	5	0
Chicago Bears	9	11	4	0
Detroit Lions	10	10	4	0
Tampa Bay Buccaneers	9	11	3	0

**West**

	O	D	X	P
Los Angeles Rams	13	8	8	1
Atlanta Falcons	8	12	6	-1
New Orleans Saints	9	11	4	0
San Francisco 49ers	6	16	1	-2

**1979: AFC****East**

	O	D	X	P
Miami Dolphins	13	8	6	1
New England Patriots	13	8	6	1
New York Jets	9	11	5	-1
Buffalo Bills	10	10	4	0
Baltimore Colts	8	13	3	-1

**Central**

	O	D	X	P
Pittsburgh Steelers	16	6	8	2
Houston Oilers	11	9	7	0
Cleveland Browns	10	10	6	0
Cincinnati Bengals	8	12	3	-1

**West**

	O	D	X	P
San Diego Chargers	17	6	8	3
Denver Broncos	11	9	6	0
Seattle Seahawks	10	10	6	0
Oakland Raiders	11	9	6	0
Kansas City Chiefs	9	11	4	0

**1979: NFC****East**

	O	D	X	P
Dallas Cowboys	12	8	7	1
Philadelphia Eagles	12	8	7	1
Washington Redskins	12	8	6	1
New York Giants	7	14	4	-1
St. Louis Cardinals	9	12	3	-1

**Central**

	O	D	X	P
Tampa Bay Buccaneers	12	9	6	1
Chicago Bears	12	8	6	1
Minnesota Vikings	8	13	4	-1
Green Bay Packers	8	13	3	-1
Detroit Lions	6	17	1	-2

**West**

	O	D	X	P
Los Angeles Rams	10	10	6	0
New Orleans Saints	10	10	5	0
Atlanta Falcons	8	13	4	-1
San Francisco 49ers	7	14	1	-2